December, 2017

2nd Home Child Deveopment Ctr

December, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
				No Program 1
Chicken Pot Pie w/ DicedChicken & Mixed WG Biscuit Sliced Strawberries 1% White Milk 4	Spaghetti with Ground Turkey California Blend Vegetable (Carrots, Broccoli, Cauliflower) Pineapple Tidbits 1% White Milk 5	Chicken Drumstick Julienne Stir-Fry Vegetable Blend Brown Rice Diced Peaches 1% White Milk 6	Chicken & Cheese Wrap Tomato Soup Whole Wheat Tortilla Fruit Cocktail 1% White Milk 7	No Program 8
Vegetarian Baked Bean with Ground Celery Sticks w/ Ranch Whole Wheat Bread Mandarin Oranges 1% White Milk 11	Beef Meatballs & Gravy Zucchini & Yellow Squash Wheat Egg Noodles Diced Cantaloupe 1% White Milk 12	Grilled Chicken Salad with Chicken Breast Chopped Romaine Salad with Tomato Tropical Fruit 1% White Milk 13	Black-Eyed Peas Seasoned Collard Greens Corn Bread Fresh Orange Smiles 1% White Milk 14	No Program 15
Deli Chicken Salad Baby Carrots w/ Ranch Whole Wheat Pita Bread Mandarin Oranges 1% White Milk 18	Chicken Stew Whole Wheat Oyster Crackers Fresh Orange Smiles 1% White Milk 19	Chef Salad Romaine Salad with Tomato & Cucumbe Diced Peaches 1% White Milk 20	Half Turkey Ham Sandwich on WW Minestrone Soup Pink Grapefruit Sections 1% White Milk 21	No Program 22
No Lunch 25	No Lunch 26	No Lunch 27	No Lunch 28	No Lunch 29

Thought for Thought

Beauty is no quality in things themselves. It merely exists in the mind which contemplates them. - David Hume [1757]

Tips & Information

The oldest pair of skates known date back to about 3000 B.C., found at the bottom of a lake in Switzerland. The skates were made from the leg bones of large animals, holes were bored at each end of the bone and leather straps were used to tie the skates on. Around the 14th Century, the Dutch started using wooden platform skates with flat iron bottom runners. The skates were attached to the skater's shoes with leather straps.

12/5/2017 7:39:36 AM

"or:" = An alternative selection to choose. "WG"=Whole Grain
1% White & Fat Free Chocolate Milk available daily.

****Menu Subject to Change****

This institution is an equal opportunity provider.

In accordance with federal law and USDA policy, this institution is prohibited from discrimination on the basis of race, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (202) 720-6382 (TTY).